Certificate of parson receiving funds

Knight worshipful. The grievous and almost inutterable miserye whereinto lamentable casualtye in marshland hath cast many, cannot provoke pity in any who have any bowells of compassion in them which yet wold have been somewhat healed, had not the lord these two years past turned ...full land into a strange barrenness by refrayning/restrayning the first and later rayne. And ... their condition in general is to be condoled, yet some more ...[particularlye?] whose whole estates wer wholy devoured with those two furious inundations, which happened of late within saeven years. In which number we may truly report this bearer Thomas Howes parson of Clenchwharton and (?) have sustayned very great damage and losse in his tithes, banks, corne, overthrow of his parsinage barne ...[figure?]... to the value he parseseth(? - meaning presented to us possibly) to us of £300 at least. The towne of king's Lynn compassionatinge this empoverished estate and seing litle hope of helpe out of his benefit/benefice, the parishioners being unable to ...[fork?]... their groundes, out of their love bestowed upon him... £20 and he being well acquainted with your charitable and bountiful disposition as to others, so of law do this poore distressed country, hath outreached our testimonies touching the ...[premises?] on his behalf which we have willingly performed